# Minor Eye Conditions Service (MECS)

If you have a recent problem with your eyes you can be assessed and treated by the local Minor Eye Conditions Service which is based in Specsavers.

This service can offer specialist services **in addition** to the normal optician service. An appointment is required, and you must state 'Minor Eye Conditions' or 'MECS' when asking for an appointment.

**The following conditions are suitable for MECS to deal with:**

- Sudden onset of blurred or double vision.
- Eye pain or discomfort.
- Red eye or eyelids.
- Lumps and bumps in the vicinity of the eye.
- Ingrowing eyelashes.
- Watery eyes.
- Dry/gritty/uncomfortable/itchy eyes.

**The following conditions are not suitable for MECS to deal with:**

- Injuries to the eye eg. chemical, penetrating injuries or post-op infections . Please present to your local hospital with an eye injury.
- Severe eye pain.
- Long-term conditions such as Diabetic Retinopathy or if you are already under the Eye Clinic at the Hospital.
- Long-standing adult squint.
- Long-standing double vision.
- Sudden persistent loss of vision - complete or partial.
- Patients under 3 years old – please note patients under 16 must be accompanied by an adult.

**How do I arrange to be seen by the Minor Eye Conditions Service?**

**Phone Specsavers Eastbourne on 01323 649 767** and ask for the **Minor Eye Conditions Service or MECS**. Your call will be triaged and you will be given an appointment. If your need is deemed to be urgent you will be seen within 24 hours and routine problems will be seen within 5 days.

**Specsavers: 8b Arndale Centre, Terminus Road, Eastbourne, BN21 3QP.**

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| **Opening Hours:** | **Monday to Saturday** | **08:45 – 17:30** |
| | **Sunday** | **10:00 – 16:00** |