

NEW! Oral Health webinar

with HALO (Healthy Active Little Ones)
& The Parenting Team



Battles with tooth brushing?



- Our Oral Health session for parents & carers covers:
- ◆ Advice on developing healthy habits for toothbrushing
 - ◆ Guidance on sugary foods
 - ◆ Bespoke support for children with SEND
 - ◆ Ideas to support your child's health and wellbeing

Families attending will receive a FREE toothbrush and toothpaste pack for their child/ children

Upcoming Dates:

Monday 7th October 12:30 to 2:30pm

Tuesday 26th November 6:30pm to 8:30pm

To book your place, email the Parenting Team

EH.0-19parentingteam@eastsussex.gov.uk

Or call: 01424 725800