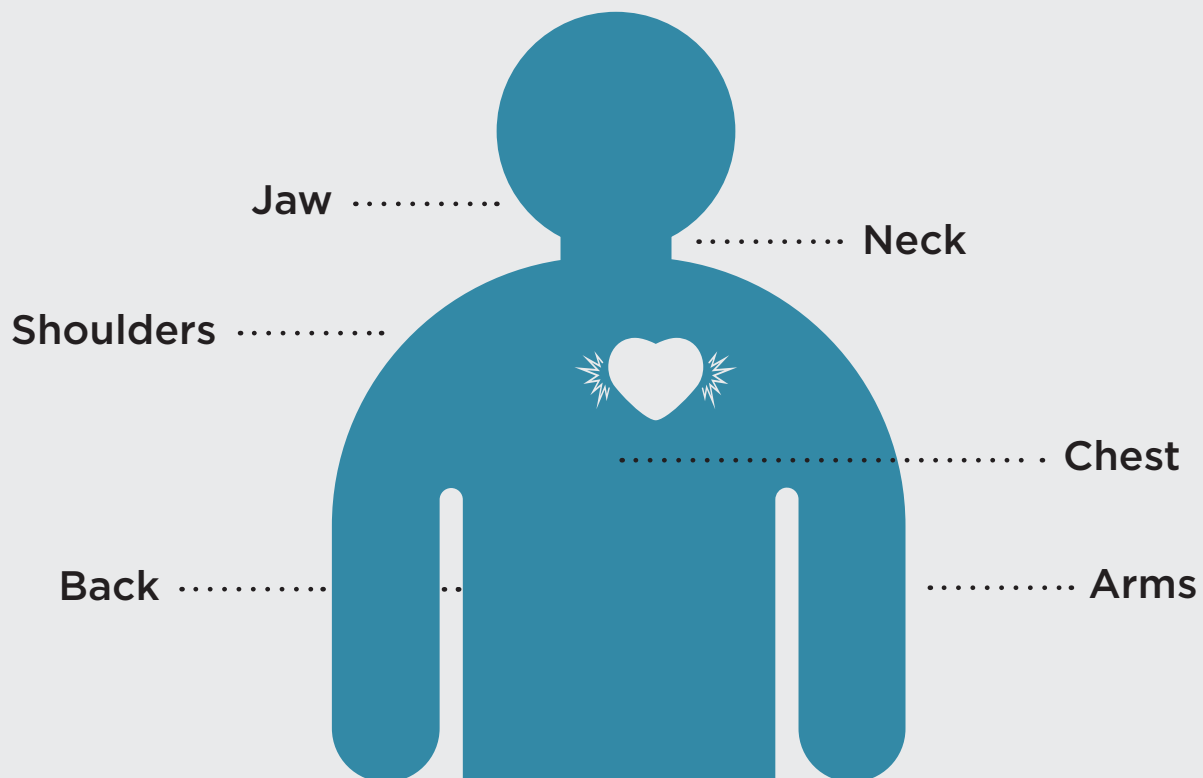


Heart attack warning signs

Pain, discomfort, pressure, tightness or heaviness in any of these areas:



You may also feel:



Dizzy



Tired



Short of breath



Sweaty



Sick

If you have any of these symptoms for more than 10 minutes, you may be having a heart attack.

Call 111 and ask for an ambulance.