

Coronavirus support services for vulnerable patients

Community Hubs

Eastbourne 01323 679722

Lewes 01273099956

Hastings 01424 451019

Wealden 01323 443322

Essential numbers

Child line 0800 1111

Samaritans 116123

Domestic violence hotline 0808 2000247

Mind 0300 500 0101

Age UK 0800 168 6565

Age UK Eastbourne 01273 476704

Red Cross UK 0300 456 1914

La Leche 0345 120 2918 (Mum's struggling to get formula milk)

Eastbourne Council 01323 410000

East Sussex County Council 0345 608 0190

Adult social care 0345 608 0191

Eastbourne Food Bank

01323 409925 No F2F contact need to phone or Email with the details as on the voucher.

Age UK Eastbourne 01273 476704

Groceries & Essentials

Rodmill Post office 01323 729264

Brains butchers (Willingdon) 01323 483151

Dean Quality Butchers (Grove Road) 01323 736267

The Meat Company (Hammonds Drive) 01323642542

Southern Head Fishing Co 01323 646366

Poppy Seed Bakery 01323 7366300

JR Wholesale Limited (Fruit and veg) 01323 649057

Greens Green Grocers 01323 730168

Terminus fruit and veg 01323 370062

Cavendish Bakery 01323 726406

Sharnfold farm shop 01323 768490

Chilley Farm Shop 01323 768836

Baytree Farm (KD Butchers) 01323 488996

Mrs Bay Tree Eggs 07867 632091

My Daily Bread 01323 301720 or 07711882072

Hot food

The British Queen Pub 01323 484166

Wheatsheaf Inn (cooked meals) 01323 502069

Presto hot and cold meals 01323 643726

The Giants Rest 01323 670207

Lerato Foods (Vegan & Gluten Free) 01323474979

Ocean View Bakery and restaurant 01323 761495

Hydro hotel 01323 720643

Qualisea Fish restaurant 01323 725203

Wilshire Farm foods 0800 077 3100

Cook (Eastbourne) 01323 738525

Pet supplies

Devotedly Discus Pets Delivery Service 01323 483689

Raystede Centre for Animal Welfare 01825 882458