

COULD YOUR CHILD HAVE TYPE 1 DIABETES?

Toilet



Thirsty



Tired

Thinner



If your child is going to the toilet a lot, has increased thirst, is more tired than usual or is losing weight, it could be a sign they have Type 1 diabetes. If not diagnosed early enough, Type 1 diabetes can be fatal. Don't delay – if your child is experiencing any of the **4 Ts**, visit your doctor immediately for a test.

www.diabetes.org.uk/The4Ts

DiABETES UK
CARE. CONNECT. CAMPAIGN.

A charity registered in England and Wales (215199) and in Scotland (SC039136).

HELP US RAISE AWARENESS OF THE 4 Ts OF DIABETES

As many as one in four children are diagnosed with Type 1 diabetes when they are in diabetic ketoacidosis (DKA) – a life-threatening condition that requires urgent medical treatment. For children under five years old, it's as many as one in three.

We want to stop this happening. By making sure children and young people get a quick diagnosis and prompt treatment to manage their diabetes we can avoid them becoming seriously ill with DKA.

That's why Diabetes UK is raising awareness of the most common signs to look out for – the **4 Ts** of diabetes. And why we're campaigning to make sure doctors carry out the right test for Type 1 diabetes there and then, if a child presents with any of these symptoms.

We believe that everyone who knows a child, of any age, should be aware of the **4 Ts** of diabetes, remember them and know what to do if they spot them. You can help us to make that happen.

It's really easy, simply...

GET your hands on more 4 Ts posters and flyers, like this one, at www.diabetes.org.uk/The4Ts or by ringing **0800 585 088** (Mon to Fri: 8am to 6pm).

PUT them up where you live – perhaps in your local supermarket, community centre, church or school. You could also ask your local pharmacy and doctor's surgery to share the posters and flyers with other parents.

HELP us campaign about Type 1 diabetes online. You could talk about **#The4Ts** on Twitter or watch our **#type1aware** video on the 4 Ts web page and then share it with your friends on Facebook.

Go to www.diabetes.org.uk/The4Ts to find out more about Type 1 diabetes, the 4 Ts and how to get involved.

To hear more about Diabetes UK, including how to become a member, visit www.diabetes.org.uk/membership, follow **@DiabetesUK** on Twitter or like our Facebook page at www.facebook.com/diabetesuk